

Hello! Thank you for reaching out with questions about spider vein treatment. Spider veins or tangelectasias can be successfully treated with laser, varicose veins can not. This is done using a YAG laser beam to clot the blood in the vessel. After treatment it is important to wear support hose/socks and take it easy. Anything you do to vasodilate the vessel will allow blood flow around that clot and dissolve it. Any type of heat or energy can vasodilate the vessel. In some cases, the vessel will shrink with each treatment until it's small enough to completely clot off. Average is 3 treatments done at monthly intervals, however each person varies. While we see good success with existing veins, it is possible you may grow more in the future. We recommend wearing supportive shoes, support socks (or hose), limiting high impact activity.

Contraindications for any type of light based treatment is sun/UV exposure. You can not have **any** unprotected sun or UV exposure on the treatment areas for 1 month prior to treatment. We recommend a physical (zinc oxide/titanium dioxide), broad spectrum sunblock with a SPF rating of 30-50. Occasionally medications can increase our light sensitivity, in which case treatment would need to be postponed.

We recommend having a consultation prior to beginning treatment so we can go over all the information in detail and make sure you are an appropriate candidate.

Thank you!

Nikki RN
Washington Skin Solutions